let's get started

This is an easy-to-use test kit for home-use designed to detect gluten fragments in urine samples. Use Gluten Detective as needed to identify large gluten intakes (500+ mg = 1/4 slice of bread) in the previous day. The test is quick and convenient, providing results in about 15 minutes.

your urine kit includes:

- instructions
- latex-free gloves
- urine collection cup
- transfer syringe
- conditioning solution
- test strip

collect your sample

1. Using the **collection cup**, collect 2 ml of urine. (for best results please use first urine of the day)

2. Using the **transfer syringe**, transfer 2 mls of the urine into the **conditioning solution** tube and close the cap tightly. Dispose of the syringe (do not reuse).

3. Shake tube for 5 - 10 seconds allowing the urine sample to mix with the conditioning solution.

process your test

4. Open the foil pouch containing the detection **test strip** and place on a flat surface. Unscrew the tip of the **conditioning solution** tube.

5. Invert the tube carefully and add 4 drops of the **solution** to the “S” zone of the **test strip**.

6. **DO NOT SHAKE**. Leave the **test strip** undisturbed for 15 minutes on the flat surface. **NOTE**: if there is a high concentration of gluten in the urine sample, the result may appear in less than 1 - 2 minutes.

read the results

**positive**: Two lines appear; a green line in the control zone (C) and a red line in the test zone (T) means that there was gluten intake within the last 2 - 24 hours. **NOTE**: The highest sensitivity is obtained with the first urine of the day.

**negative**: A single green line appears in the control zone (C). If the green line does not appear, the result of the test is considered invalid, even if the red line appears in the test zone (T).

**invalid**: In the case of invalid results, it is necessary to repeat with a new test following the correct procedure. If the problem persists, please contact Gluten Detective.

customers@glutendetective.com | glutendetective.com
Check if you’ve accidentally consumed gluten in the past day.

Please read all instructions completely before attempting to perform this test.

Conduct regular check-ins with this stool kit. Monitor your total gluten consumption over previous days.

Try our stool kit to monitor past contamination.